

T&T Training Schedule

Monday, July 1

- 12:00 pm – 7:00 pm: Assigned training for Level 9/10 and Synchro Training

Tuesday, July 2

- 9:00 am – 12:00 pm: Open training for all elite levels
- 1:30 pm – 4:30 pm: Open training for all elite levels

Wednesday, July 3

- 9:00 am – 12:00 pm: Open training for all elite levels
- 1:30 pm – 4:30 pm: Open training for all elite levels

Thursday, July 4

- 9:00 am – 12:00 pm: Elite Open Training
- 6:00 pm – 9:00 pm: SR Warm-up

Friday, July 5

- 9:00 am – 12:00 pm: SR Only Open Training
- 6:00 pm – 9:00 pm: SR Warm-up

Saturday, July 6

- 9:00 am – 12:00 pm: SR Only Open Training
- 6:00 pm – 9:00 pm: SR Warm-up