

Rhythmic Training Schedule

Wednesday, July 3

- 12:30 pm – 8:00 pm: Assigned training for all elite levels

Thursday, July 4

- 9:00 am – 12:00 pm: Elite Open Training

Friday, July 5

- 9:00 am – 12:00 pm: Elite Open Training

Saturday, July 6

- 9:00 am – 12:00 pm: Elite Open Training