

2018 USA GYMNASTICS CHAMPIONSHIPS

TRAMPOLINE & TUMBLING TECHNICAL INFORMATION

INFORMATION

The schedule affords Junior Olympic competitors the opportunity to watch and support senior gymnasts vying for a spot on the U.S. National Team. Performances in the Greensboro Coliseum during the senior elite competition will also assist in determining the athletes who will represent the U.S. at the World Championships (trampoline and tumbling, and rhythmic gymnastics).

The USA Gymnastics Championships will name J.O. and elite national champions for all disciplines.

VENUE

Greensboro Coliseum Complex
1921 W Gate City Blvd.
Greensboro, NC 27403
336.373.7400
www.greensborocoliseum.com

EVENT WEBSITE

www.USAGymChamps.com

REGISTRATION

Registration for all participants will be handled at the Registration Office, located inside the main entrance of the Special Events Center. Registration will be done by club. One coach per club will pick up the club packet which will include: credentials, technical information and other items. It will be the responsibility of the club to distribute all information to the athletes. Lost credential fee is \$50.

The Registration Office will be open during the following dates/times.

<u>Date</u>	<u>Begin</u>	<u>End</u>
Sunday, July 1	5 p.m.	8 p.m.
Monday, July 2	8:30 a.m.	8 p.m.
Tuesday, July 3	7:30 a.m.	7 p.m.
Wednesday, July 4	7:30 a.m.	7 p.m.
Thursday, July 5	7:30 a.m.	5:30 p.m.
Friday, July 6	7:30 a.m.	5:30 p.m.
Saturday, July 7	7:30 a.m.	5:30 p.m.

SAFE SPORT

USA Gymnastics is committed to creating a culture that empowers and supports our athletes and focuses on our highest priority, their safety and well-being. We hope everything we do going forward makes this very clear.

USA Gymnastics is vigorously enforcing the USA Gymnastics Safe Sport Policy, which requires mandatory reporting, defines six types of misconduct and abuse, sets standards to prohibit grooming behavior and prevent inappropriate interaction, and establishes greater accountability. Other efforts include instituting a dedicated, toll-free number (833-844-SAFE), safe sport email address (safesport@usagym.org), and online reporting to make the reporting process easier and simpler; building a safe sport department that is developing a comprehensive education and training program for members; and adopting bylaw amendments to provide the basis for further developing our safe sport programs and governance. Additionally, the National Gymnastics Foundation has established an Athlete Assistance Fund to provide financial support for counseling services for any current or former gymnast who was a member of USA Gymnastics and suffered sexual abuse within the sport of gymnastics. For more information, go to phpAAFund.org.

USA Gymnastics is dedicated to building a positive, safe environment that encourages and supports our athletes, including speaking up about difficult topics. USA Gymnastics cannot do this alone. We need the member clubs, coaches, athletes, their parents, administrators and the gymnastics entire community to align their efforts to this important task. Together we can protect our athletes.

VENUES & PARTICIPANT ENTRANCES

Coliseum Arena (elite venue) and Special Events Center (T&T and rhythmic J.O. venue)

Participants may access the competition venue through the credential entrance, which is located at the main entrance of Special Events Center.

The Fieldhouse (Acrobatic J.O. venue)

Participants may access the competition venue through the main entrance of the Fieldhouse.

TICKETING

- **All-session Pass*** (Access to competition in Greensboro Coliseum and Special Events Center/Fieldhouse), \$95
- **Single-day Pass**** (Access to competition in Special Events Center/Fieldhouse and afternoon competition in Greensboro Coliseum), \$35
- **Thursday (7/5) evening session***** (Access to evening competition in Greensboro Coliseum), \$35
- **Friday (7/6) evening session***** (Access to evening competition in Greensboro Coliseum), \$35
- **Saturday (7/7) evening session***** (Access to evening competition in Greensboro Coliseum), \$40

*Ticket will be exchanged for a nontransferable wristband onsite.

**Not available for online purchase; ticket will be exchanged for a non-transferable wristband onsite to be used on a designated day.

***Doors open for evening sessions at 5:30 p.m.

Special discount pricing for gym clubs is available until June 12. [Click here](#) to download the order form. For more information contact:

Greg Marston

Greensboro Coliseum

336.373.7433

greg.marston@greensboro-nc.gov

TRAINING

All training sessions are closed to spectators. Only credentialed participants will be granted access during training sessions.

CEREMONIES AND COMPETITION PROTOCOL

OPENING CEREMONIES – Athletes competing at the Coliseum Arena

All elite gymnasts are required to participate in the Opening Ceremonies prior to their competitive session. Club/team warm-ups are the required attire. Athlete cooperation is requested in reporting promptly to the staging area in preparation for the march-in and introduction. All athletes are requested to follow the instructions given by the stage manager.

AWARDS CEREMONIES – Athletes competing at the Coliseum Arena

At the conclusion of competition, all competing athletes MUST return to the staging area to prepare for the awards ceremonies. All athletes are requested to cooperate, even if they are not participating in the awards ceremony. Athletes should be in their competitive attire.

AWARDS CEREMONIES – Athletes competing at the Special Events Center and the Fieldhouse

All awards ceremonies will take place in the awards room located in the west wing of the Special Events Center. At the conclusion of competition, all competing athletes MUST return to the athlete staging area in the awards room to prepare for the awards ceremonies. All athletes are requested to cooperate, even if they are not participating in the awards ceremony. Athletes should be in their competitive attire.

NON-COMPETING PARTICIPANT SEATING

All participants, who are not participating in the scheduled competition session, will be allowed to watch with the appropriate credential. At both competition venues, the seating is general admission. All participants must have their event credential to enter. Floor access will **NOT** be allowed to non-competing participants. This will be strictly enforced by event floor managers.

COMPETITION INFORMATION

Competition and training schedules, start lists, results and other event information will be posted as available on the event website.

MEDICAL TRAINERS

All of the competition venues will have a medical area that will be available for all athletes. Medical professionals will be present at all training and competition sessions.

VIDEO REVIEW

Video review will only be provided for senior elite double mini-trampoline and tumbling and Level 10 and above for trampoline at the 2018 USA Gymnastics Championships. If coaches wish to video their athlete's routine in the other levels, they must shoot the video from the designated spot set by the meet director.

MERCHANDISE AND PHOTO/VIDEO

Merchandise, including event t-shirts and leotards, will be available for purchase outside the competition area in the Special Events Center. Competition photos and videos will also be available for purchase in the same area.

ENTRIES

Entry fees are a flat fee of \$150 for 1-4 events. The entry deadline is May 24, 2018.

A step-by-step guide to register for this event is available at <https://usagym.org/pages/post.html?PostID=18319&prog=h>

NO CHANGES, REFUNDS, OR ADDITIONS WILL BE ALLOWED AFTER MAY 24, 2018.

Scratches should be submitted online by modifying your club's current entries through May 24, 2018. Scratches made from May 25, 2018, through June 22, 2018, should be submitted via the online registration system. Scratches submitted on or after June 22, 2018, must be done onsite.

Refunds will not be given for athletes who entered but did not qualify to the USA Gymnastics Championships.

MANDATORY COACHES' ORIENTATION MEETING

One coach from each club is required to attend a Coaches Meeting on Monday, July 2 at 8:00pm in the West Wing of the Special Events Center. The first half of the meeting will be for coaches of all disciplines, followed by discipline-specific meetings.

COMPETITION CARDS

Competition cards must be filled out using the International Gymnastics Federation's FIG terminology. All competition cards should be on the correct color paper and must be filed correctly at the competition office. Any competition card that is not turned in by the respective deadline will incur the deductions listed in the Code of Points.

Deadlines

- July 2: Synchronized trampoline is due Monday, July 2, immediately following training.
- July 2: Levels 9-10 are due Monday, July 2, immediately following assigned training.
- July 4: Youth, junior, open and senior elite are due Wednesday, July 4, by 12 p.m.
- July 6: Level 8 is due Friday, July 6, immediately following training.

Card links

Trampoline: https://usagym.org/PDFs/Forms/T&T/comp_card_trampoline.pdf

Tumbling: https://usagym.org/PDFs/Forms/T&T/comp_card_tumbling.pdf

Synchro: https://usagym.org/PDFs/Forms/T&T/comp_card_synchro.pdf

Double mini: https://usagym.org/PDFs/Forms/T&T/comp_card_dm.pdf

ELIGIBLE COMPETITORS

All athletes who have met the 2018 USA Gymnastics Championships qualifying scores and eligibility requirements at USA Gymnastics T&T-sanctioned competitions may enter the USA Gymnastics Championships. All entries are subject to verification by the respective state chair. All competitors must enter the USA Gymnastics Championships at the same competition level where the qualifying score was achieved. If the athlete competes at a higher level after the qualifying score is reached, he/she may not compete at the previous level at the USA Gymnastics Championships. See the Rules & Policies and J.O. Code of Points for complete information.

Non-resident, international competitors are not allowed to compete at the USA Gymnastics Championships. Resident international J.O. athletes who are members of USA Gymnastics and have met all qualification requirements may compete at the USA Gymnastics Championships.

COACHES & OFFICIALS

Coaches, judges and officials who are professional members will be issued credentials. No pending pro memberships will be allowed. Coaches must register online for the 2018 USA Gymnastics Championships. No coach changes may be made after the registration deadline. No hospitality will be provided for coaches.

JUDGES

Judges can complete their request to be considered for assignment for the USA Gymnastics Championships, July 3-7 in Greensboro, N.C., at <https://goo.gl/forms/8saKKpA5yiyKp0ad2>. The deadline to submit completed forms is May 25.

RULES

Rules from the current FIG Elite Code of Points with the USA Gymnastics T&T Special Requirements and J.O. Code of Points will be used.

Time of Flight will be used for all trampoline elite divisions and Level 10 at the 2018 USA Gymnastics Championships.

All age groups are based on the age of the competitor on December 31, 2018.

The 2018 USA Gymnastics Championships scoring is cumulative, including prelims and finals on all events. There are no "new life" finals.

DRUG TESTING

The U.S. Anti-Doping Agency (USADA) will conduct drug testing for select Trampoline and Rhythmic athletes at the USA Gymnastics Championships. Drug Testing will take place after the final session on Saturday, July 7. Athletes will be notified immediately following competition if they have been chosen for drug testing.

If an athlete is currently taking any medication that may be on the banned substance list, the athlete and/or parent/guardian should call the USADA Drug Reference phone line at 719-875-2000 or visit globaldro.com for verification. There are many over-the-counter medications, such as cold medicines, that are banned substances. It is important to call the drug reference line with any questions regarding this important issue or to speak with the medical doctor or trainer onsite at your venue. DO NOT leave this to chance. Use of methods or substances prohibited by any applicable anti-doping rules may be subject to penalties including, but not limited to, disqualification and suspension. Possible doping violations will be managed by USADA protocol.

COACH & ATHLETE ATTIRE

All athletes must be in club or athletic apparel. No national team apparel, including anything with the USA flag or logo, may be worn at any time during training, warm-up or competition at the USA Gymnastics Championships by coaches or athletes. USA attire may not be worn even if covering logo and flag. USA backpacks or duffle bags are also not allowed. This includes warm-ups, t-shirts, backpacks, duffle bags, etc. National team attire may not be worn even if the logo or flag has been covered. Unless otherwise requested by your program director, please leave all national team apparel/accessories at home

Athletes and coaches must follow the dress code listed in the elite or J.O. Code of Points, depending on the level of competition in which they are participating or coaching.

AWARDS

Overall awards will be presented to first through sixth place in each age group and level for Junior Olympics, and first through third for elites. No flight awards will be given. Overall awards for each session will be given immediately following the session. Level 9, 10, and Elite awards will be presented after finals. If the session is running early, awards will be given early. Athletes who place in the top six in J.O. Divisions and top three in elite divisions should be in the staging area immediately following the session. To have professional award presentations, all athletes are required to wear competition attire for all awards ceremonies.

- Girls – leotard, bare feet or tramp shoes.
- Boys – step-in, competition shorts or pants, bare feet or tramp shoes.
- No warm-ups or street clothes allowed.

The Junior National Team will be announced following junior elite finals in the Special Events Center. The Senior National Team will be announced following the senior elite finals in the Greensboro Coliseum.

The following awards will be presented at the 2018 USA Gymnastics Championships senior elite session. Details regarding the awards can be found [in Section VI: Elite Program of the Rules & Policies.](#)

- Trampoline & Tumbling Coach of the Year
- Trampoline Athlete of the Year
- Tumbling Athlete of the Year
- Double-mini Athlete of the Year
- Star Service Award (Awarded at the USA Gymnastics Championships or the Stars and Stripes Championships, whichever is most appropriate for the individual selected.)
- Sportsperson of the Year

The following awards will be presented at the 2018 USA Gymnastics Championships in the Junior Olympic venue. Details regarding the awards can be found in Section VI: Elite Program of the Rules & Policies.

- James A. Rozanas Tumbling Coach of the Year
- Milton B. Davis & George Nissen Trampoline Coach of the Year
- Bob Bollinger Double-mini Coach of the Year
- Trampoline & Tumbling Club of the Year

COACHES & JUDGES COURSES

Level 1 judges' courses are being held in conjunction with USA Gymnastics Championships.

Level 1 Judges Course Schedule – Sunday, July 1, 2018

- Tumbling, 8 a.m.-12 p.m.
- Double-mini, 12:30– 4:30 p.m.
- Trampoline, 5– 9 p.m.

COMPETITION EQUIPMENT

Special Event Center

- 4 Eurotramp trampolines with Eurotramp 4x4 beds and springs
- 2 Eurotramp ultimate double mini-trampolines 6x6
- 1 Acrosport tumbling floor

Greensboro Coliseum

- 2 Eurotramp trampolines with Eurotramp 4x4 beds and springs
- 1 Eurotramp ultimate double mini-trampoline 6x6
- 1 Acrosport tumbling floor

WARM UP

Special Events Center

Each session will have a one 50-minute general warm up prior to the session or one 60-minute general warm up in the case of SR, YE, JR, and OE sessions, as well as the following.

Prelims

Trampoline

Level 8 - 10 - 2 touches
YE, JR & OE - 2 touches
Synchro - 1 Touch

Tumbling

Level 8 - 9 - 3 touches
Level 10 - 4 touches
YE, JR & OE - 2 touches

Double mini-trampoline

Level 8 - 9 - 3 touches
Level 10 - 4 touches
YE, JR & OE - 2 touches

Finals

Trampoline

Level 9 -10 - 1 touch
YE, JR & OE - 1 touch
Synchro level 9 -10 – NO FINALS
Synchro - 1 Touch

Tumbling

Level 9 - 2 touches
Level 10 - 4 touches
YE, JR & OE - 2 touches

Double Mini

Level 9 - 2 touches
Level 10 - 4 touches
YE, JR & OE - 2 touches

Greensboro Coliseum

Prior to their designated flight time, each athlete will have a one hour general warm up in the Special Events Center that ends 15 minutes prior to their designated flight time in the arena. Athletes will be marched over to the arena directly following their general warm-up.

Prelims

Trampoline

1 Touch

Tumbling

2 Touches

Double-mini

2 Touches

Finals

Trampoline

1 Touch

Tumbling

2 Touches

Double-mini

2 Touches

NATIONAL TEAM MEETING

The 2018-2019 National Team meeting is scheduled for Sunday, July 8, from 8 a.m.-12 p.m. at the Sheraton Hotel. This meeting is required for all 2018-2019 National Team members and coaches. Parents are invited to attend. Departing flights should depart after 3 p.m.

CONTACTS

Program Director: Jacqui Godfrey at jgodfrey@usagym.org or 317.829.5665

Program Manager: Natalie Joachim at njoachim@usagym.org or 317.829.5626

Good Luck at the USA Gymnastics Championships!