

# GENERAL EVENT INFORMATION

## WELCOME

Welcome to the 2015 USA Gymnastics Championships, which are being held at the Greensboro Coliseum Complex. The Junior and Senior Elite competitions will be held at the Greensboro Coliseum Arena (Arena) and all other competitions will take place in the Greensboro Special Event Center (Event Center).

## VENUE

Greensboro Coliseum & Special Events Center  
1921 W. Lee St.  
Greensboro, NC 27403

## REGISTRATION

The registration office is located in the Event Center in the main lobby. Registration for all participants will take place at this location. Registration will be done by club. One coach per club will pick up the club packet which will include: credentials, technical information and other items. It will be the responsibility of the club to distribute all the information to the athletes. Lost credential fee is \$50.

The Registration Office will be open during the following dates/times:

<b>Date</b>	<b>Begin</b>	<b>End</b>
Monday, June 22 <sup>nd</sup>	3:00 PM	8:00 PM
Tuesday, June 23 <sup>rd</sup>	7:45 AM	7:00 PM
Wednesday, June 24 <sup>th</sup>	7:30 AM	7:00 PM
Thursday, June 25 <sup>th</sup>	7:30 AM	6:00 PM
Friday, June 26 <sup>th</sup>	7:30 AM	6:00 PM
Saturday, June 27 <sup>th</sup>	7:30 AM	6:00 PM
Sunday, June 28 <sup>th</sup>	7:45 AM	12:00 PM

## VENUES & PARTICIPANT ENTRANCES

### Events Center and Arena

Participants may access the competition venue through the credential entrance, which is located at the main entrance.

## PARKING

The following parking options are available at the Greensboro Coliseum Complex beginning Tuesday, June 23 and lasting the duration of the event:

- . Daily Parking Pass \$5 (includes in/out privileges)
  - . All Session Parking Pass \$20 (includes parking with in/out privileges for every day of the event)
- Parking passes are sold on site at the parking ticket booths. *Please note that the booths are CASH ONLY.*

## BOX OFFICE HOURS

The box office is located at the lower level main entrance of the Event Center.

<b>Date</b>	<b>Begin</b>	<b>End</b>
Monday, June 22 <sup>nd</sup>	3:00 PM	6:00 PM
Tuesday, June 23 <sup>rd</sup>	8:00 AM	7:30 PM
Wednesday, June 24 <sup>th</sup>	7:30 AM	7:00 PM
Thursday, June 25 <sup>th</sup>	7:30 AM	8:00 PM
Friday, June 26 <sup>th</sup>	8:00 AM	8:00 PM
Saturday, June 27 <sup>th</sup>	8:00 AM	8:00 PM
Sunday, June 28 <sup>th</sup>	8:00 AM	2:00 PM

## TRAINING

All training is closed to spectators. Only credentialed participants will be granted access during training sessions.

## CEREMONIES AND COMPETITION PROTOCOL

### OPENING CEREMONY – THURSDAY, JUNE 25 AT 6:00PM

Two athletes from each discipline have been pre-selected by their regional directors to represent their sport. These pre-selected athletes need to report to the Acro JO Competition floor in the Events Center at 5:00pm on Thursday June 25 and wear their team warm-ups

### OPENING CEREMONIES – JR/SR ELITE ATHLETES – Arena

All Elite gymnasts are required to participate in the Opening Ceremonies prior to their competitive session. Club/team warm-ups are the required attire. Athlete cooperation is requested in reporting promptly to the staging area in preparation for the march-in and introduction. All athletes are requested to follow the instructions given by the Stage Manager.

### AWARDS CEREMONIES – JR/SR ELITE ATHLETES – Arena

At the conclusion of competition, all competing athletes MUST return to the staging area to prepare for the awards ceremonies. It is requested that all athletes cooperate even if not participating in the awards ceremony. Athletes should be in their competitive attire

### AWARDS CEREMONIES – JO ATHLETES – Event Center

All JO Awards Ceremonies will take place in the plaza lobby entrance to the Arena. At the conclusion of competition, all competing athletes MUST return to the athlete staging area in the plaza to prepare for the awards ceremonies. It is requested that all athletes cooperate even if not participating in the awards ceremony. Athletes should be in their competitive attire.

## NON-COMPETING PARTICIPANT SEATING

All participants, who are not participating in the scheduled competition session, will be allowed to watch with the appropriate credential. At both competition venues, the seating is general admission. All participants must have their event credential to enter. Floor access will **NOT** be allowed to non-competing participants. This will be strictly enforced by Event Floor Managers.

## COMPETITION INFORMATION

Competition and training schedules, start lists, results and other event information is available at

<http://www.usagymchamps.com/>

## MEDICAL TRAINERS

There is a training room located in both of the competition venues, which will be available for all athletes. Certified athletic trainers will be present at all training and competition sessions.

## KICK-OFF CELEBRATION

The Kick-Off Celebration is scheduled to take place on Thursday, June 25 from 4-5:30 p.m. on the southeast corner of the Event Center. Face painting, street performers, and activities will be free for athletes and fans leading to the first night of senior competition in the Arena. Come and help kick off the first night of elite competition in the Coliseum Arena.

## CLOSING PARTY

The Closing Party will be held on Saturday, June 27 from 9:30 p.m. – 12 a.m. at the Sheraton Hotel, Imperial Ballroom. Attire is casual dress. There will be light snacks and lemonade provided at the party. **Credentials are required for entry to the party.** Only officially credentialed participants will be invited to the Closing Party. Each club will be required to provide a name at registration to be the club chaperone at the Closing Party. The club chaperone must be a USA Gymnastics professional.

## WEBCAST

We will be providing a webcast of the evening senior elite competition on Thursday, June 25 – Saturday, June 27 on the USA Gymnastics YouTube page (<http://www.youtube.com/usagymnastics>). Other elite sessions may be webcast. For the most up-to-date info, visit USA Gymnastics in Facebook, Twitter and YouTube, or the event website (<http://www.usagymchamps.com>)

## MERCHANDISE AND PHOTO/VIDEO

Merchandise as well as event t-shirts will be available for purchase on the second floor in the hall leading to the Awards Plaza. There will also be competition photos and videos available for purchase which will be located in the Event Center spectator area.

## PHOTO, VIDEO AND SIGNAGE POLICY

1. **Audio-Visual Recording.** No video cameras of any kind are allowed, and using cell phones to record video is also prohibited. No portion of the event may be recorded in any form, including audio, without prior written approval from USA Gymnastics.
2. **Live streaming apps.** The use of live streaming apps (such as Periscope, Meerkat, etc.) is not allowed in the venue during USA Gymnastics events.
3. **Photography.** All images taken during the event are for personal use only, and any commercial use, distribution or sale is prohibited. The use of professional equipment is strictly prohibited,

including cameras with detachable lenses or lenses greater than 35MM, tripods and monopods. No flash photography or strobes of any kind.

4. **Signage/Banners.** USA Gymnastics appreciates its fans' enthusiasm and support of its athletes. Fans are allowed to bring signs and banners that are supportive of the athletes and national team; however, signs or banners with any other type of message are not allowed. Any signs and/or banners must not be larger than 24" x 36" or block the view of other spectators when displayed.

USA Gymnastics reserves the right to confiscate any video or photos taken in violation of this policy. There are no ticket refunds for violating policy. Any person(s) using or attempting to use any such equipment may, at the sole discretion of USA Gymnastics, be subject to immediate ejection from the venue and may be refused entry to other events sponsored by or affiliated with USA Gymnastics. USA Gymnastics reserves the right to film or record the performance for any purpose.

# TRAMPOLINE & TUMBLING TECHNICAL INFORMATION

## MANDATORY COACHES ORIENTATION MEETING (Required 1 coach per club)

**Tuesday, June 23 – 9–10 p.m.** Coaches Orientation Meeting – Odeon Theater at the Greensboro Coliseum Arena

This is a meeting for all coaches, followed by a T&T only coaches meeting with important information about the event.

## COMPETITION CARDS

[Trampoline](#)  
[Tumbling](#)  
[Synchro](#)  
[Double Mini](#)

- Synchronized trampoline due Monday, June 22, immediately following training.
- Level 8 due Friday, June 26 by 5 p.m.
- Level 9 – 10, YE, and OE due Tuesday, June 23, at the end of each assigned training session.
- Junior & Senior Elite due Wednesday, June 24, by 9 p.m.

Please be sure that competition cards are filled out with the FIG symbols. All competition cards should be on the correct color paper and must be filed correctly at the competition office. All competition cards not turned in by the deadlines will incur the deductions listed in the Code of Points

## INCOMPLETE OR INCORRECT ENTRIES

**NO CHANGES, REFUNDS, OR ADDITIONS WILL BE ALLOWED AFTER MAY 18, 2015.**

Scratches should be submitted online by modifying your club's current entries through June 18, 2015. Scratches submitted on or after June 19, 2015, should use the [Scratch Entry Form](#) on site.

## CONTACT

Program Director: Dr. George Drew at [gdrew@usagym.org](mailto:gdrew@usagym.org)  
Program Manager: Amy McDonald at [amcdonald@usagym.org](mailto:amcdonald@usagym.org) or 317.829.5674  
Program Coordinator: Natalie Joachim at [njoachim@usagym.org](mailto:njoachim@usagym.org) or 317.829.5626

## RULES

Rules from the current FIG Elite Code of Points with the USA T&T Special Requirements and JO Code of Points will be used.

[USA Gymnastics Elite Code of Points](#)

[Click here to order the JO Code of Points and Routines.](#)

Time of Flight will be used for all Elite divisions and Level 10 at the 2015 USA Gymnastics Championships. All age groups are based on the age of the competitor on December 31, 2015.

Prelim and Final cumulative on all events.

## DRUG TESTING

The U.S. Anti-Doping Agency will be conducting drug testing for Trampoline and Rhythmic athletes at the USA Gymnastics Championships. Drug Testing will take place after the final session on Saturday, June 27. Athletes will be notified immediately following competition if they have been chosen for drug testing.

If you are currently taking any medication, which may be on the banned substance list, please call the USOC Drug Hotline at 1-800-233-0393 for verification. There are many over-the-counter medications, such as cold medicines, which are banned substances. Please call the drug hotline if you have any questions regarding this important issue or speak with the medical doctor or trainer on site at your venue. DO NOT leave this to chance. Should your drug test come back positive, you might become ineligible for future USA Gymnastics competitions.

## COACHES & OFFICIALS

Coaches, judges and officials who are USA Gymnastics Professional members will be issued credentials. No Pending Pro memberships will be allowed. Coaches must have completed the T&T Level 1 Coaches' Course (T-200/201), T210 and U100 and must be registered online with the 2015 USA Gymnastics Championships. No hospitality will be provided for coaches.

## ATTIRE

No National Team apparel, including anything with the USA flag or logo, may be worn at any time during this competition.

- 5.1 Coaches: The dress code must be followed during all training sessions, warm-up, and competition times.
- 5.6.1 Warm-up pants, long pants or capri length only. Polo shirt or team t-shirt. Warm-up jackets are optional. No shorts are allowed.
- 5.6.2 Gym shoes are required.
- 5.6.3 No denim allowed.
- 5.6.4 No caps or hats allowed.
- 5.6.5 Violators of the dress code will be asked to leave the floor.

## AWARDS

Overall – JO – 1<sup>st</sup> – 8<sup>th</sup> place/ Elite 1<sup>st</sup>-3<sup>rd</sup>

No Flight Awards will be given. Overall awards will be presented to 1<sup>st</sup> through 8<sup>th</sup> place in each age group and level for JO and 1<sup>st</sup>-3<sup>rd</sup> for Elites. Overall awards for each session will be given immediately following the session. Level 9, 10, and Elite awards will be presented after finals. If the session is running early, awards will be given early. Awards ceremonies for athletes that compete in the Event Center will take place in the Plaza lobby near the entrance to the Arena. Awards ceremonies for athletes competing in the arena will take place on the arena floor. Athletes who place in the top eight in JO Divisions and top three in Elite Divisions overall should be in the awards staging area immediately following the session. In order to have professional awards presentations, all athletes are required to wear competition attire for all awards ceremonies:

Girls – leotard, bare feet or tramp shoes

Boys – step-in, competition shorts or pants, bare feet or tramp shoes

No warm-ups or street clothes allowed

The Junior National team will be announced following session 12 of the Jr. Elite finals in the Greensboro Coliseum Arena. The Senior National team will be announced following session 13 of the Senior Elite finals in the Greensboro Coliseum Arena.

## COACHES & JUDGES COURSES

Spotters are required at each corner of the trampoline. Each coach is required to assist with spotting if they have an athlete competing in that flight. The Floor Manager will monitor participation.

### II.G.6 Safety – Allowed/Required Trampoline Spotters

- A. Current USA Gymnastics Professional members
- B. Age and physical size appropriate current athlete members
- C. One spotter is required in each corner if throw in mat is not utilized
- D. If throw in mat is utilized, one additional spotter must be on the side of the mat with one spotter per corner on the opposite side

## COACHES & JUDGES COURSES

Judges' and coaches' courses held in conjunction with USA Gymnastics Championships are:

Level 1 Judges Course Schedule – Monday, June 22, 2015; Meeting Room 1B

Trampoline 8 a.m.-12 p.m.

Tumbling 12-4 p.m.

Double Mini 4-7 p.m.

T200/T201 Trampoline and Tumbling Development Coaches Course: (Level 1); Meeting Room 1A

Monday, June 22, 2015 1-6 p.m.

## COMPETITION EQUIPMENT

### J.O. Venue

4 Eurotramp Trampolines with Eurotramp 4x4 beds and springs

2 Eurotramp Ultimate Double Mini Trampoline 6x6

2 Acrosport Tumbling Floor

### Elite Venue

- 2 Eurotramp Trampolines with Eurotramp 4x4 beds and springs
- 1 Eurotramp Ultimate Double Mini Trampoline 6x6
- 1 Acrosport Tumbling Floor

## WARM UP

### **Level 8-10, YE, OE, & JE:**

A one (1) hour general warm up on the same day of the competition will be provided for every session of 4-5 flights. Additional warm-up as listed,

Trampoline: two (2) touch warm-ups on the competition apparatus, with approximately 30 seconds for each touch.

Tumbling and Double Mini: two (2) pass warm-up on the competition apparatus. This is two touch ONLY and no warm-up run.

### **Senior Elite:**

Each flight will be given a warm-up period immediately prior to their competition in a warm-up facility meeting appropriate requirements per USA Gymnastics Trampoline Rules and Policies located adjacent to the competition arena. Additional warm-up as listed per Rules §5.4 - 5.5 may be provided or eliminated at the discretion of the Meet Director.

5.4 Trampoline: When 2nd Option is utilized: Immediately prior to the Senior Elite third routine and the Individual Finals, each gymnast will be allowed one (1) 30-second touch warm-up on the competition apparatus.

5.5 Tumbling and Double Mini: Immediately prior to the Qualifying Rounds and the Individual Finals, each gymnast will be allowed two (2) passes warm-up on the competition apparatus.

**Good Luck at the USA Gymnastics Championships!**