

**2016 USA Gymnastics Championships
T&T TRAINING SCHEDULE**

Tuesday, June 7, 2016

6:00 PM - 8:00 PM	All Levels of Synchro	RICC
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Wednesday June 8, 2016

9:00 AM - 4:00 PM	Level 8-10, Youth Elite, Open Elite, Juniors (See Club Assignments on Next Page)	RICC
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5:30 PM - 8:30 PM	Seniors Only	Dunkin Donuts
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Thursday, June 9 2016

9:00 AM - 8:00 PM	Youth Elite, Open Elite, Junior and Seniors	Dunkin Donuts
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Friday, June 10 2016

9:00 AM - 12:00 PM	Seniors Only	Dunkin Donuts
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Saturday, June 11, 2016

9:00 AM - 12:00 PM	Seniors Only	Dunkin Donuts
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3:30 PM - 5:00 PM	Level 8 Open Training	RICC
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Sunday, June 11 2016

9:00 AM - 12:00 PM	Seniors Only	Dunkin Donuts
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**2016 USA Gymnastics Championships
T&T TRAINING SCHEDULE**

**Wednesday June 8
Assigned Training
Rhode Island Convention Center (RICC)**

Training Group A 9:30 AM - 11:00 AM (stretch at 9:00 AM)	Training Group B 11:00 AM - 12:30 PM (stretch at 10:30 AM)	Training Group C 1:00 PM - 2:30 PM (stretch at 12:30 PM)	Training Group D 2:30 PM - 4:00 PM (stretch at 2:00 PM)
KMC Gymnastics	Springtime T&T	3TI	ETA
KPT	Stars Gymnastics	Academy West	Everest Gymnastics
Legacy T&T	Sundance	Acrospirits	EXP
Let It Shine	T&T Express	Acrotex	Fairland Gymnastics
Manning Gymnastics	T3	Action Athletics	Faith Flip
Maverick	TAG USA	Air Extreme	Fire
Metroplex Gymnastics	Tatarus Gymnastics	Air Sports	Flip Force
Midwest Gymnastics	Team Legacy	Airborne Academy	Flip Force NC
Midwest Training	Team OC	Airborne Colorado	Flip Over Gymnastics
Millers Gymnastics	Team Revolution	AirTime	Flip Tops
MJM Studios	Texas Twisters	Airtime- TR Place	FlipCity South
Montgomery County	TFS	All American Gym	Flipside
Monticello Gym	The Edge	Amplify Gymnastics	For the Kidz
Motion Gym	The Matrix Gym	Apex	FreeState Gymnastics
N.Star Bounders	The Palaestra	Aspire	FSTT
NASA Gymnastics	Top City Athletics	Buckeye Gymnastics	Fusion
National Gymnastics	Top Flight GTC	Cabarrus County	G-Force Gymnastics
Northwest Aerials	Top Star	Capital Gymnastics	Galaxy
Novaks	Tornado Sport Club	Chesapeake	Giguere Gymnastics
NS Wildcats	Trevinos	Chicago Park Dist	GKSC
NVG	Tumbleweeds	CIGA	GSG
Oklahoma Extreme	Twist & Tuck	Clovis Gymnastics	Gym NV
Omni Athletics	Twist and Shout	Desert Gymcats	Gym- San Antonio
One World Gymnastics	Ultimate Air	Dulles Gymnastics	Gymagic
OSA	United Gymnastix	Dynamic Gymnastics	Gymfinity
PAG	Upsidedowners	Dynamite Academy	Gymnast Factory
Peak Gymnastics	Vargas Academy	Dynamite Gymnastics	Gymnastic Revolution
Phoe	W TX TNT EXPLOSION	Eagle Gymnastics TX	Gymnastics Du Soleil
PHtntgym	Wabash Valley	Eagles Wings	Gypsy Flyers - Eagan
Premier Athletics	Wasatch	Elite World	Gypsy Flyers - MG
Premier Gymnastics	Whgf	Elmwood	Hawaii T&T
Premier Olympic	Wight Tumble Academy	eNeRGyKidz	Head Over Heels UT
Queen City	Winingers	ESCX	HGC
Rising Stars	World Elite		High Altitude
Roots Gymnastics	World Elite Ontario		High Country Gym
Scottsdale Gym	WSG		HIGH FLYERS T and T
Seal	XAIR		High Point
SGA	Xtreme		Horizon Gymnastics
Silver Stars	Xtreme Elite		Houston Gymnastics
Skywalkers	Zero Gravity T&T		ICE
So Cal TTC			Idaho Elite
SoCo T&T			Indigo
Sokol Diamond Elite			Infinite Bounds
Sonshine Academy			Integrity
			J and J T&T
			JG's Team
			K and L Tumbletown
			KC Trampoline Club
			Kinetic Gymnastics